CLASSICO BUONA SALUTE R115 **R95** 2 eggs, 3 rashers of bacon, pork sausage, grilled thyme mushrooms & Fresh seasonal fruit served with double thick Greek yogurt & granola, topped roasted balsamic tomatoes on a slice of toast. with a drizzle of honey. **R55** QUICKIE BREKKIE **BOLOGNESE BRUSCHETTA** R115 Lightly toasted bun filled with 2 rashers of bacon and an egg of your choice. A rich mince Bolognese served on toasted sourdough, topped with a poached egg and served with Grana Padano parmesan shavings. **PRESTO R55** 2 eggs of your choice on a slice of toast - Have a look at our ADD ON List **BENESERRE** R115 Lightly toasted ciabatta with 2 eggs of your choice, 3 rashers of Bacon, SIMPLICE **R95 Emmenthal Cheese and Caramelised onion.** A slice of toasted sourdough topped with smashed avocado and 3 rashers of crispy streaky bacon. ADD EGG R9 **SMOKED SALMON ROYALE** R145 Scrambled eggs topped with smoked salmon trout roses & cream cheese, topped JUST AVO ON TOAST **R65** with pickled red onion, fried capers & chives. Served on toasted sourdough. Sourdough toast topped with slices of avo garnished with lemon, micro greens, black pepper and drizzled in olive oil. **EGGS IN PURGATORY R85** 2 perfectly poached eggs nestled in a spicy tomato relish served with foccacia WHIPPED FETA & AVO ON TOAST **R95** slices and grated grana padano parmesan. Toasted ciabatta topped with a dollop of whipped feta, sliced avocado, SPICY PERI-PERI CHICKEN LIVERS R120 garnished with fragranced origanum, black sesame seeds, chilli flakes Pan-fried chicken livers in creamy peri-peri tomato sauce, topped with a poached and a drizzle of olive oil. ADD AN EGG R9 & BACON R35 **HUMMUS CROSTI R95 R95** MARRY ME BUTTER BEANS Hummus, avo, balsamic roasted cherry tomatoes & danish feta, topped with a Creamy Tuscan style butter beans cooked in sundried tomato, garlic and a touch poached egg. Served on toasted sourdough bread, with a dash of za'tar coconut milk Topped with a poached egg and served with toasted ciabatta THE BENEDICTS Two poached eggs on toasted sourdough with hollandaise. Choose from: Avo R35 Fresh mozzarella ball R45 Roasted cherry Bacon R115 | Smoked Salmon R140 | Spinach R105 tomatoes Egg **R35** Bacon - 3 rashers ONS **3 EGG OMELETTE** Thyme mushrooms Cheddar **R75 R30** Pork sausage Kalamata olives Omelette made with 3 eggs and cheddar or mozzarella Danish feta **R30** Teriyaki pork cheese. Have a look at our ADD ON ingredients. R35 Napolitana Halloumi Shaved parmesan R30 Teriyaki chicken breast R40 **Bolognaise** THYME MUSHROOM AND WHIPPED RICOTTA BOWL **R95** R30 Crumbed chicken breast R40 Smoked salmon trout Mozzarella Garlic butter mushrooms with whipped ricotta and a poached egg, served on toasted ciabatta. Add balsamic tomatoes R20 **R95 FRENCH TOAST** LUNCH (ALL SERVED WITH CHIPS OR SALAD) Brioche french toast served with Berry compote, whipped cream, cinnamon, castor sugar and a drizzle of syrup. Add bacon + R35 CHICKEN PARMIGIANA R145 Pan-fried crumbed chicken breast served in a lightly toasted panino topped SALADS with napolitana sauce and melted mozzarella. **RUMP & CARAMELISED ONIONS R155** 200g Pan-fried rump seasoned with origanum & lemon, served on a bed of **HOUSE SALAD** rocket & caramelised onions. Topped with chimichurri, served on panino Lettuce, tomato, red onion, cucumber topped with danish feta and kalamata R135 olives served with our white wine vinaigrette and balsamic glaze GRILLED MEDITERRANEAN FLATBREAD Yogurt flatbread with grilled baby marrow, marinated peppers, crispy **ALLEGRIA** R135 brinjals, olive tapenade, cherry tomatoes, pine nuts & fried halloumi, drizzled with balsamic garlic dressing. Avo, cucumber, lettuce, tomato & carrot and celery, topped with honey mustard chicken mayonnaise, garnished with apple, nuts and crispy bacon. TRINCHADO STEAK ROLL **R155** Pan- fried Rump sliced and tossed in a homemade olive, garlic, peri-peri, red ROQUEFORT COB SALAD wine, bayleaf and cream sauce, served with a Portuguese Roll. Iceberg wedge, roquefort crumbles, bacon bits, avocado, cherry tomatoes, **ASIAN BURGER BUN** R125 red onion, boiled eggs served with a creamy buttermilk roquefort dressing. Our Famous, Teriyaki Chicken or Teriyaki pork and Asian Slaw crammed ASIAN NOODLE SALAD into a Sesame seed bun. Served with a chilli, garlic and ginger dressing. Egg noodles with cabbage, carrot, cucumber, spring onion, mint & coriander, R150 served with a chilli-garlic-ginger dressing. Add: Teriyaki Pork +R50 | Teriyaki Greek style minted meatballs served with tzatziki, tomato salsa & pita bread or Crumbed Chicken +R50 R155 BARBEQUE STEAK ROLL **BACON, AVO & HALLOUMI R125** 200g pan-fried rump, garnished with fried onions, gherkins, emmenthaler cheese, tucked into a fresh baguette served with a BBQ dipping sauce.

Lettuce, tomato, red onion, cucumber, crispy bacon, avo and halloumi served with our white wine vinaigrette and balsamic glaze

R140 MEDITERRANEAN STEAK BOWL

100g pan fried on a bed of lettuce, hummus, balsamic tomatoes, roasted red onions, feta, kalamata olives and a drizzle of green goddess dressing.

R120

PASTAS (YOUR CHOICE OF SPAGHETTI OR PENNE)

NAPOLITANA R115

Slow cooked tomato, white wine & garlic.

CARBONARA R135

Bacon, egg, cream, black pepper & parmesan.

ALLA VODKA R130

Bacon, tomato, fresh cream & a splash of vodka.

ROSA Napolitana with a splash of cream.

R135 **BOLOGNESE**

AVO & HALLOUMI PITA 'TACOS'

HONEY MUSTARD CHICKEN ROLL

greans, avo and tangy honey mustard mayo

ITALIAN MEATBALL SUB

Minced beef in a rich tomato and red wine sauce.

POLLO, FUNGI E SPINACI R135

Panfried chicken thighs, spinach and mushrooms tossed in a creamy garlic white wine sauce.

R130 **SICILIANA**

Olives, capers, garlic & chilli in a napolitana sauce.

FILLED PASTAS

CHOOSE ANY OF OUR PASTA SAUCES

R20

R25

R22

R25

R40

R50

R130

R150

Ravioli R140

Beef, Spinach & Ricotta or Halloumi R140 **Panzerotti**

Butternut

2 Pita breads filled with Honey glazed Halloumi, avo, rocket, pomegranate

Crumbed chicken breast strips in a tasty coney roll, garnished with crunchy

Italian inspired meatballs topped with creamy rosa sauce, melted mozarella

jewels topped with mint yogurt and lemon and herb dressing

and a drizzle of basil oil, crammed into a toasted baguette

R40

R55

R55

R45

R50

+ R8

+ R10



| Cappuccino | R34 | Latte (Hot or Iced) | R44 | Red Cappuccino | R34 . | Frappe | |
|-------------------|-----|-----------------------|-----|------------------|-------|------------|--|
| Grande Cappuccino | R44 | Hazelnut, Caramel, | | Chai latte | R44 | Pot of Tea | |
| Espresso | R24 | Vanilla | | Dirty Chai Latte | R46 | Decaf | |
| Double Espressó | R30 | Mocha - Swiss Choc, | R46 | Macchiato | R32 | Nut Milks | |
| Flat White | R32 | White Choc, Hazlenut. | | Cortado | R37 | NUL WIIKS | |
| Americano | R30 | Hot Chocolate | R44 | Babyccino | R15 | | |

COLD DRINKS & JUICES

| Cold Drinks | 1 | | |
|--|---|-----------|-----|
| Coke, Coke Zero, Sprite, Sprite Zero, Fanta, | | | R30 |
| Grapetizer, Appletizer. | | | R40 |
| Homemade Iced Tea | | | 3 |
| Lemon Peach Mango & Watermelon | | a Part I. | R45 |

Fruit Juice Mango, Orange, Cranberry, Lemonade.

Smoothies

Merry Berry, Mango Marvel, Luscious Lemon, Peanut Butter Banana Paradise, Pina Colada, Ruby Grapefruit.

Milkshakes & Coffee Freezos

Chocolate, Vanilla Bean, Strawberry, Caramel, Toffee Nut, Hazelnut, Cappuccino.

ALCOHOLIC BEVERAGES

| Spirits | | Digestive Spirits | Digestive Spirits | | Beers | | Gin & Tonic | |
|------------------------|-----|-------------------|-------------------|------------------|------------|----------------|-------------|--|
| Vodka | | Jagermiester | R35 | Stella | R42 | Gin | | |
| | | Grappa | R35 | Windhoek Draught | R45 | Belgravia Pink | R35 | |
| Red Square | R30 | Limonchello | R35 | Castle Light | R40 | London Dry | R35 | |
| Absolut Blue | R35 | <u>Liquor</u> | | Savanna Dry | R45 | | | |
| Whiskey | | Frangelico | R35 | Cocktails | | Tonic | | |
| Jamesons | R40 | Kahlua | R35 | Mimosa | R45 | Blue | R28 | |
| Tequila | | Brandy | | Sangria | R150 R50 | Pink | R28 | |
| El Jimador Reposado | R40 | Klipdrift | R40 | Rock Shandy | R55 | Indian Tonic | R28 | |
| Rum | | | N40 | Spiked Smoothie | R85 | Grapefruit | R28 | |
| Cap Morgan Spiced Gold | R35 | Wines | | Spiked Ice-Tea | R85 | | | |
| | 1 | SEE OUR BOARD | | Don Pedro | R85 | | | |

-DESSERTS

Our desserts are freshly baked and prepared just for you! Please ask your waiter what desserts we have available.

TINA'S KITCHEN

Homemade Meals

Our head chef, Tina, also prepares ready-made, take-home meals for families - available for collection or delivery. Join our mailing list on 082 567 0756.





